



SYDNEY CHEVRA KADISHA

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YIZKOR SERVICE

FOR A FATHER

יִזְכֹּר אֱלֹהִים נִשְׁמַת אָבִי מוֹרִי (insert name of father) שֶׁהֶלַךְ לְעוֹלָמוֹ, בְּעִבּוֹר שְׁבִלֵי נֶדֶר אֲתָן
צְדָקָה בְּעֵדוּי, וּבְשֹׁכֵר זֶה תִּהְיֶה נַפְשׁוֹ צְרוּרָה בְּצִרּוֹר הַחַיִּים עִם נִשְׁמוֹת אַבְרָהָם יִצְחָק
וַיַּעֲקֹב שָׂרָה רִבְקָה רָחֵל וְלֵאָה וְעִם נִשְׁמוֹת שְׂאֵר צְדִיקִים וְצְדִיקְנוֹת שְׁבָנֵי עֵדֶן, וְנֹאמֵר אָמֵן:

Yizkor Elohim nishmat Avi Mori (insert name of father) shehalach le-olamo, ba-avoor shebli neder etain tzedekah ba-ado, oovischar ze tehey nafsho tzroorah bit-zror ah-chaim im nishmot Avraham, Yitzhak ve-Yaakov Sarah, Rivkah, Rachael ve-Leah v-im nishmot sh-ar tzadikim v'tzidkoniot sh'-beGan Eyden, ve-no-mar Amen.

May God remember the soul of my Father, my Teacher, (insert name of father) who has gone on to his world, because, without making a vow, I shall give to charity on his behalf. As reward for this, may his soul be bound in the Bond of Eternal Life, together with the souls of Abraham, Isaac, and Jacob; Sarah, Rebecca, Rachel, and Leah; and together with the other righteous men and women in the Garden of Eden. Now let us respond: Amen.

FOR A MOTHER

יִזְכֹּר אֱלֹהִים נִשְׁמַת אִמִּי מוֹרְתִי (insert name of mother) שֶׁהֶלְכָה לְעוֹלָמָהּ, בְּעִבּוֹר שְׁבִלֵי נֶדֶר אֲתָן
צְדָקָה בְּעֵדוּי, וּבְשֹׁכֵר זֶה תִּהְיֶה נַפְשָׁהּ צְרוּרָה בְּצִרּוֹר הַחַיִּים עִם נִשְׁמוֹת אַבְרָהָם יִצְחָק
וַיַּעֲקֹב שָׂרָה רִבְקָה רָחֵל וְלֵאָה וְעִם נִשְׁמוֹת שְׂאֵר צְדִיקִים וְצְדִיקְנוֹת שְׁבָנֵי עֵדֶן, וְנֹאמֵר אָמֵן:

Yizkor Elohim nishmat Imi Morati (insert name of mother) shehalcha le-olama, ba-avoor shebli neder etain tzedekah ba-ada, oovischar ze tehey nafsha tzroorah bit-zror ah-chaim im nishmot Avraham, Yitzhak ve-Yaakov Sarah, Rivkah, Rachael ve-Leah v-im nishmot sh-ar tzadikim v'tzidkoniot sh'-beGan Eyden, ve-no-mar Amen.

May God remember the soul of my Mother, my Teacher, (insert name of mother) who has gone on to her world, because, without making a vow, I shall give to charity on her behalf. As reward for this, may her soul be bound in the Bond of Eternal Life, together with the souls of Abraham, Isaac, and Jacob; Sarah, Rebecca, Rachel, and Leah; and together with the other righteous men and women in the Garden of Eden. Now let us respond: Amen

***Cremations are strictly prohibited under Jewish law.
The Sydney Chevra Kadisha alone provides burial services
according to Jewish Halacha and tradition.***

YIZKOR & YOU

By Doron Kornbluth

While our thoughts are with the dearly departed, what can we do for them?

In a way, everything we do that is good helps them. If we are good people trying to help others, and trying to be better people and better Jews, our actions reflect well on our loved ones and bring them a little closer to G-d.

According to tradition, there is in addition something in particular we can do for them. It is direct and powerful: One of the main things we can do for our beloved relatives who have passed is to pray and pledge to give tzedakah (charity) on their behalf. This is not a new idea - ancient Jewish sources (the Midrash Tanhuma) mention the practice of pledging tzedakah in the memory of the dearly departed in the context of Yom Kippur prayers. We call this Yizkor (Remembrance).

Yizkor is recited in shul after the Torah reading on last day of Passover, the second day of Shavuot, Shemini Atzeret and Yom Kippur. The idea of this prayer is to connect to and help the souls of our loved ones who have passed on. The action we do to bring this idea into reality is to pledge to give tzedakah (charity) in their memory after the holiday. This positive action is something they can no longer do, but we (due to our deep attachment to them) can do on their behalf.

Yizkor is recited by those who have lost a parent. In some cases, it may be recited by others as well - consult your Rabbi.

Interestingly, and unique in Judaism, in most shuls around the world, the custom is that people whose parents are both alive leave shul during the short Yizkor service.

Why? Shouldn't we all stay to 'grieve' with those who recite the prayer?

By reciting the Yizkor prayer, saying Kaddish, and later giving charity, we make ourselves better and more sensitive people, and improve the community by emphasizing respect and obligation to parents and grandparents. At a deeper level, we improve their eternity and help their souls shine. Our actions materialise our love for them, bring it into this world - and beyond. By showing respect and sensitivity to those who recite the prayer, the entire community connects to the past - and the future.

*Doron Kornbluth is a renowned international speaker, bestselling author of *Why Be Jewish?*, *Raising Kids to LOVE Being Jewish*, and *Cremation or Burial? A Jewish View* (all by Mosaica Press), and is an inspirational licensed tour guide in Israel.*

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